

Manager consultations

EFAP professionals are available for consultation and advice 24/7. The consultations provide the support and tools needed to sensitively and appropriately refer employees to the EFAP or other suitable solutions.

Manager consultations can help with:

- Dealing with conflict
- Leadership skills
- Communicating with team members
- Building resilience and boosting morale
- Managing stress and overload
- Managing performance
- Substance use/mental health concerns
- How to present the EFAP to an employee



 TELUS[®] Health

Phone **1-844-880-9142.**